

TRAINING FOR FHC MEDICAL OFFICERS

As part of Aardram Mission, SHSRC-K conducted a training program for Medical Officers of 56 FHCs (either inaugurated / nearing inauguration) from 21st to 26th of November 2017. The two day training was conducted in 3 batches of 56-60 MOs each.



Director of Health Services inaugurated each batch of training. Dr. Shinu K.S, Executive Director, SHSRC-K, Dr. Jameela. P.K., State Aardram Consultant, Dr. Vijayakumar K, Honorary Consultant, Aardram Mission, Dr. Sameera A, Addl. Director, Training and Administration, Dr. Raju V.R, Addl DHS (planning), Dr. Jagadeesan and other ADHS addressed the gathering.

The training basically covered the concept of FHCs and elaborated the roles and responsibilities of the MO's in the context of FHCs. The difference between PHCs and FHCs were explained with examples. Duties and responsibilities of all other staff in an FHC were also discussed. The role of LSGs and the importance of taking them on board for improvement of the health of concerned population were also demonstrated.



Each batch was divided in to three groups and further in to subgroups for effective communication and individual attention. Resource persons who were trained on the methods and tools of training mentored the trainees in a systematic way that was pre planned.



Different methodologies including group discussions, presentations, role play and games were adopted for communicating the ideas to the group. The resource persons made sure that all the sessions were interactive and participatory by all means.

The new services included in FHCs including SWAAS and ASWAAS were introduced to the trainees with relevant instructions to carry out the clinics in their institutions in an effective manner. Dr Manu M S (Nodal officer SWAAS program) and Dr. Kamala R (Asst.



Professor, Respiratory Medicine, Medical College, Trivandrum) lead the sessions on SWAAS for different batches, while Dr. Kiran (State Nodal Officer of DMHP) took the sessions on ASWAAS.

Open Forum: An open forum was scheduled on the first day of each batch at 7 pm where the Medical Officers were given an opportunity to communicate with the Additional Chief Secretary (H&FW), Mr Rajeev Sadanandan, DHS and all Addl DHS.



In this session they were free to discuss all administrative issues with the administrators regarding implementation of FHCs. Ultimate aim of the training was to equip the Medical Officers in implementing FHCs in their institutions by realizing the concept in all means.

The second day of the training started with reflections of the trainees on the previous day. They were requested to convey how the one day training has benefitted/not benefitted them. Their responses were noted down. The sessions on second day were started with section based group activities, the day



ended with a valedictory session for each batch. The feedback of the participants was collected in this session. Their suggestions and comments were noted down for improving the quality of future trainings. All the trainees were requested to go through the draft concept of FHC and give their feedback and suggestions in the



concept, implementation and sustainability. The certificates of participation were distributed to the participants. Dr. Shinu (Executive Director SHSRC-K), Dr. Jameela (State Consultant for Aardram), Dr. Vijayakumar (Honorary Consultant Aardram) and other Health Department Officials conveyed their gratitude to all those people who worked in the background to make this training a success.

Trainning Preparation: Three day training program was conducted for the resource persons at SHSRC-K. This was led by Dr. Vijayakumar (Honorary Consultant, Aardram) and Dr. Jameela (State Aardram Consultant). The objective of this training was to equip all the resource persons to deliver the information in a standardized manner. This exercise ensured the quality of the



training across the groups. The resource persons prepared the materials and tools for training and prepared the points to be covered in each session according to the objective of each session including the exercises, reading materials and games. Doctors, Health Inspectors, Staff Nurses from within the system and from Department of Medical Education were included as resource persons.